



LEGACY HOUSE

Bountiful

79 E Center St. • Bountiful, UT 84010 • (801) 294-2925

Legacy House Administration

Colton Balmforth Executive Director
Luke Weston Assistant Administrator
Elizabeth Cox Marketing Director
Vicki Scholz Activity Director
Jerry Wise Maintenance Director
Charlee Teto Housekeeping Director
Calley Robinson Admin. Assistant
Shelly Robinson Food Services Director
Jessica Kunz Resident Care Coord.
Jessica Kunz Registered Nurse
Joni Paxton Registered Nurse
Josh Jackard Community Relations

“A mother’s love for her child is like nothing else in the world.”—Agatha Christie

“I am sure that if the mothers of various nations could meet, there would be no more wars.”—
E.M. Forster

“My mother loved children—she would have given anything if I had been one.”—
Groucho Marx

“The art of mothering is to teach the art of living to children.”—Elaine Heffner

“All women become like their mothers. That is their tragedy. No man does. That’s his.”—
Oscar Wilde

“Sooner or later, we all quote our mothers.”
—Bern Williams

“Some are kissing mothers and some are scolding mothers, but it is love just the same, and most mothers kiss and scold together.”—
Pearl Buck

“A mother’s arms are made of tenderness and children sleep soundly in them.”—Victor Hugo

May 2018



Maternal Blooms


Native to Tanzania and Kenya, African violets have been brightening windowsills in America since they were brought here in the 1890s. Marked by fuzzy green leaves and delicate flowers in a variety of hues, these cheerful plants thrive indoors. African violets are also easy to propagate, and one mother plant may yield dozens of offspring.

Birding Benefits

Good news for bird-watchers—the hobby is “flock”-full of health benefits! Bird-watching has been shown to increase alertness, reduce stress and perk up mood.

Famous Firsts: The Kentucky Derby

On May 17, 1875, a crowd of 10,000 people entered the gates at Churchill Downs, a new racetrack in Louisville, Ky. They cheered on the 15 thoroughbreds that raced in what was the inaugural Kentucky Derby, and Aristides came out the winning colt. The annual Derby, called the “greatest two minutes in sports,” is America’s longest-running sporting event.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>79 East Center Street Bountiful, UT 84010 (801) 294-2925</p>	<p>Sometimes there are changes in the calendar. We have a daily sheet in the hall to the dining room with the most current information. Please check it. Come and be with us in activities! There are great times with wonderful residents!</p>	<p>1 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:30 Sing a long with Jeannie and Pat 3:00 Employee In service - continual learning 6:15 Movie</p>	<p>2 9:15 Exercise 10:30 Relief Society and Priesthood 1:30 Getting to know new residents 2:15 Balloon volleyball 6:15 Movie</p>	<p>3 9:15 Exercise 10:00 Errand running to Smiths 10:00 Non denominational new testament class 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Jim Jensen - accordion 3:00 Chips and dip</p>	<p>4 <u>Dorothy H birthday</u> 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 9:45 Sunshine therapy at Farmington station 1:30 Bingo 2:30 Table games 6:15 Movie</p>	<p>5 Cinco De Mayo <u>Cozette A birthday</u> <u>Beverly R birthday</u> 9:15 Exercise 10:00 Kentucky derby history 10:30 Wheel of fortune 1:00 Horseshoe game 1:30 Golf card game</p>
<p>6 9:30 Music and the Spoken word Channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word channel 68</p>	<p>7 9:15 Exercise 10:00 Bingo 1:00 Old time combo 3:00 Gospel doctrine class 5:00 Jay Christensen performs</p>	<p>8 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:00 DVD on the amazing earth 1:30 Out to the Dollar Store 6:15 Movie</p>	<p>9 9:15 Exercise 10:30 Relief Society and Priesthood 1:30 Out for a scenic drive 1:30 DVD 2:00 Podiatrist 6:15 Movie</p>	<p>10 9:15 Exercise 10:00 Errand running to Smiths 10:00 Non denominational new testament class 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 DUP 2:00 Walk the block</p>	<p>11 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo Afternoon - time to be determined Mother's Day celebration for all women residents 6:15 Movie</p>	<p>12 <u>Bill M birthday</u> 9:15 Exercise 10:00 Interfaith church service 10:00 Mothers Day poetry in the front room 10:30 Spring word game in the front room 1:00 Skunk Dice game 1:45 Yatzee</p>
<p>13 Mother's Day 9:30 Music and the Spoken word Channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word channel 68</p>	<p>14 9:15 Exercise 10:00 Bingo 1:30 Social circle about moms with Shelley 3:00 Gospel doctrine class 6:00 Mixed Nuts perform</p>	<p>15 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Resident Council 11:30 Steve Yancy 1:30 Sing a long with Jeannie and Pat 2:30 Bingo 6:15 Movie</p>	<p>16 9:15 Exercise 10:30 Relief Society and Priesthood 1:15 Bob Shorten - piano and singer 2:30 Bingo 6:15 Movie</p>	<p>17 9:00 Bountiful temple 9:15 Exercise 10:00 Non denominational new testament class 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Jim Jensen - accordion 3:00 Strawberry shortcake</p>	<p>18 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:30 Decibells sing 1:00 Errand running to Smiths 2:30 Walk to see the Chalk art 6:15 Movie</p>	<p>19 Armed Forces Day 9:15 Exercise 10:30 North Salt Lake singers 1:00 Armed forces facts - come and share your stories 1:45 Uno card game</p>
<p>20 9:30 Music and the Spoken word Channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word channel 68</p>	<p>21 9:15 Exercise 10:00 Bingo 1:30 JoAnne Elmer - piano 3:00 Gospel doctrine class 5:00 Jay Christensen performs</p>	<p>22 <u>Mel F birthday</u> 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:00 Manicures 2:00 Balloon volleyball 6:15 Movie</p>	<p>23 <u>Alan V birthday</u> 9:15 Exercise 10:30 Relief Society and Priesthood 2:00 Podiatrist 2:00 Community Bingo all invited 6:15 Movie</p>	<p>24 9:15 Exercise 10:00 Errand running to Smiths 10:00 Non denominational new testament class 1:00-4:00 Transportation to your dr. appointments 2:00 Cooking corner with Jill</p>	<p>25 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Write a poem 1:30 Bingo 2:30 Table games 6:15 Movie</p>	<p>26 9:15 Exercise 10:00 Interfaith church service 10:00 Memorial Day history in the front room 10:30 Family feud in the front room 1:00 Concentration 1:30 Play the wii</p>
<p>27 9:30 Music and the Spoken word Channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word channel 68</p>	<p>28 Memorial Day </p>	<p>29 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Earth DVD 10:45 Out for a picnic -weather permitting 2:00 Bingo 3:00 Bingo cash out 6:15 Movie</p>	<p>30 9:15 Exercise 10:30 Relief Society and Priesthood 2:00 Resident reminisce - learn about residents who have a birthday this month 2:45 Birthday cake 6:15 Movie</p>	<p>31 <u>Marj T birthday</u> <u>Darlene L birthday</u> 9:15 Exercise 10:00 Errand running to Smiths 10:00 Non denominational new testament class 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Bingo</p>	<p>Employee Birthdays Rachel Condie 5/2 Dallin Clements 5/5 Calvin Taylor 5/5 Loren Ortiz 5/8 Sairye Johnson 5/14 Shelley Webb 5/18</p>	<p>Employee Birthday Continued Romeo Vazquez 5/21 Trevor Atkinson 5/22 Calley Robinson 5/24 Alissa Dalton 5/24 Nancy Fred 5/28 Brooklyn Hadley 5/30 Lynn Knee 5/31</p>

