



LEGACY HOUSE

Bountiful

79 E Center St. • Bountiful, UT 84010 • (801) 294-2925

Legacy House Administration

Colton Balmforth Executive Director
Calley Robinson Assistant Administrator
Elizabeth Cox Marketing Director
Vicki Scholz Activity Director
Jerry Wise Maintenance Director
Charlee Teto Housekeeping Director
Riley Billings Admin. Assistant
Shelly Robinson Food Services Director
Jessica Kunz Resident Care Coord. & RN
Joni Paxton Registered Nurse
Josh Jackard Community Relations

Make Time to Play

Playtime isn't just for kids! Scientists say it's good for grown-ups to make time for engaging, pleasing activities for their overall health. The fun of play often involves laughter, which releases the feel-good brain chemical dopamine and boosts your mood. Research shows that incorporating play into your life can help reduce stress, foster better relationships and improve coping skills in everyday situations. Be sure and look at our activity calendar and enjoy the fun times that we share together!



August 2018

Fair Fun

Across the country, summertime fun may include a trip to a state fair. You'll find America's largest in Dallas, where the Texas State Fair draws more than 3 million people every year. The title of the nation's first goes to the Great New York State Fair, held annually in Syracuse since 1841.




"Summertime is always the best of what might be."
—Charles Bowden

Vinyl Revival

Thanks to collectors and music fans, vinyl records have never gone completely out of style. Now, they're hotter than ever, with sales steadily climbing over the last decade. New releases and reissues of classic titles, along with turntables and other accessories, added up to the \$1 billion spent in the vinyl industry last year.

Add More to S'mores

Make a tasty and healthy addition to s'mores. Take the campfire creation to another level by sandwiching sliced strawberries, bananas or peaches between the classic ingredients of chocolate and marshmallow.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legacy House of Bountiful 79 East Center Street Bountiful, UT 84010 (801) 294-2925			<p align="right">1</p> 9:15 Exercise 10:30 Relief Society 10:30 Priesthood on the second floor 1-3 Dental on location here! 1:30 Bob Shorten - piano, singer 2:45 Bingo 6:15 Movie	<p align="right">2</p> John B birthday 9:00 Out to the Bountiful temple 9:15 Exercise 10:00 New testament class NO Transportation to your dr. appointments 2:00 Jim Jensen - accordion 3:00 Éclairs	<p align="right">3</p> 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Errand running 12:45 Manicures 2:00 Card games 2:45 Table games 6:15 Movie	<p align="right">4</p> 9:15 Exercise 10:00 Bean bag toss 10:30 Crossword puzzle 1:00 Balloon volleyball 2:00 Word searches
<p align="right">5</p> 9:30 Music and the spoken word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word	<p align="right">6</p> 9:15 Exercise 10:00 Bingo 1:30 Old time combo 3:00 Gospel doctrine class	<p align="right">7</p> 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:30 Sing a long with Jeannie and Pat 2:30 Play the Wii 6:15 Movie	<p align="right">8</p> Kent Is 100 Years Old Today Kent F birthday Nancy G birthday 9:15 Exercise 10:30 Relief Society 10:30 Priesthood on the second floor 1:30 Bingo 2:30 Getting to know new residents 2:00-4:00 Podiatrist 6:15 Movie	<p align="right">9</p> 9:15 Exercise 10:00 Errand running 10:00 New testament class 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Craft	<p align="right">10</p> 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:30 100 years old party! We are celebrating Kent and Cleon's 100th birthdays! 6:15 Movie	<p align="right">11</p> Nellie H birthday 9:15 Exercise 10:00 Interfaith church service 10:00 Talk about famous people in the front room 1:00 Concentration 1:30 Play the wii
<p align="right">12</p> 9:30 Music and the spoken word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word 6:00 Activity with Deb	<p align="right">13</p> 9:15 Exercise 10:00 Bingo 1:30 Julianne B singers 3:00 Gospel doctrine class 5:00 Jay Christensen - guitar 6:00 Mixed nuts perform	<p align="right">14</p> 9:00-3:00 Transportation to your dr. appointments 10:00 Resident council 1:30 Bingo 2:30 Nautical guessing game 6:15 Movie	<p align="right">15</p> 9:15 Exercise 10:30 Relief Society 10:30 Priesthood on the second floor 1:30 Bingo 2:30 How's your aim? 6:15 Movie	<p align="right">16</p> 9:15 Exercise 10:00 New testament class 10:00 Errand running - Smiths 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Jim Jensen - accordion 3:00 Ice cream Sundaes	<p align="right">17</p> Cleon T 100 Years Old Today Bertie S birthday 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Fun sports activities 1:00 Sentimental journey movie 1:00 Out for a scenic drive - we'll stop and get a milk shake 3:00 Oh what did you do in the summertime? Thinking back..... 6:15 Movie	<p align="right">18</p> 9:15 Exercise 10:00 Skunk dice game 1:00 Balloon volleyball 2:00 Trivia talk
<p align="right">19</p> 9:30 Music and the spoken word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word	<p align="right">20</p> Bart C birthday 9:15 Exercise 10:00 Bingo 1:30 Moods and music perform 3:00 Gospel doctrine class	<p align="right">21</p> 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 11:30 Steve Yancy - piano 1:30 Sing a long with Jeannie and Pat 3:00 Employee Inservice - continual improvement 6:15 Movie	<p align="right">22</p> 9:15 Exercise 10:30 Relief Society 10:30 Priesthood on the 2nd floor 2:00 Linda Davidson sings 2:00-4:00 Podiatrist 3:00 Root beer floats 6:15 Movie	<p align="right">23</p> 9:15 Exercise 10:00 Errand running 10:00 New testament class 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Broom hockey	<p align="right">24</p> Walter M birthday 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Educational DVD 10:30 Picnic time! 2:30 Jenny's fiddlers 6:15 Movie	<p align="right">25</p> Barbara B birthday 9:15 Exercise 10:00 Interfaith church service 10:00 Real of fake game in the front room 10:30 Back to school Pictionary 1:00 Uno cards 1:45 Horseshoes
<p align="right">26</p> 9:30 Music and the spoken word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word 6:00 Activity with Amanda	<p align="right">27</p> 9:15 Exercise 10:00 Bingo 1:30 JoAnne Elmer - piano 3:00 Gospel doctrine class 5:00 Jay Christensen - guitar 6:00 Resident and family gathering	<p align="right">28</p> Helen J birthday 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:30 Balloon volleyball 2:30 Word game 6:15 Movie	<p align="right">29</p> 9:15 Exercise 10:30 Combined Relief Society and Priesthood in the activity room 1:30 Resident reminisce - come and hear about our residents that have had a birthday this month 2:15 Birthday cake 6:15 Movie	<p align="right">30</p> Patricia C birthday Beth O birthday 9:15 Exercise 10:00 Errand running 10:00 New testament class 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Walk the block	<p align="right">31</p> Jetta B birthday 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Out to the fruit stands in Brigham city 1:30 Bingo 6:15 Movie	Employee Birthdays Riley B 8/05 Alex B 8/07 Briquel H 8/09 Rachel L 8/13 Katelyn K 8/15 Jerry W 8/16 Emily H 8/16 Kara H 8/20 Cathy J 8/24 Sabrina G 8/28

