



LEGACY HOUSE

Bountiful

79 E Center St. • Bountiful, UT 84010 • (801) 294-2925

Legacy House Administration

Colton Balmforth Executive Director
Callely Robinson Assistant Administrator
Elizabeth Cox Marketing Director
Vicki Scholz Activity Director
Jerry Wise Maintenance Director
Charlee Teto Housekeeping Director
Riley Billings Admin. Assistant
Shelly Robinson Food Services Director
Jessica Kunz Resident Care Coord. & RN
Joni Paxton Registered Nurse
Josh Jackard Community Relations

Diwali: The Festival of Lights

Rooted in Hindu traditions, the fall festival Diwali is celebrated by millions of people throughout India and the rest of the world. The festivities last five days and involve various customs, including decorating the home with clay lamps; creating floor art out of colored rice or sand; reciting prayers; cooking feasts; sharing gifts with friends and relatives; and setting off elaborate fireworks displays. The main theme of Diwali is the triumph of good over evil, and it's also an opportunity to start anew with the hopes of a prosperous new year.



Special Delivery

The U.S. Postal Service, UPS and FedEx are expected to deliver about 2 billion packages during the weeks between Thanksgiving and New Year's Eve.

November 2018

"It's not so much what's on the table that matters, as what's on the chairs." —W.S. Gilbert



Easy as Pie

The "Pumpkin Capital of the World" is the Illinois town of Morton. For nearly a century, it's been home to a plant that processes the fruit and produces most of the world's supply of canned pumpkin. When ready-made pumpkin puree first became available at markets in the early 1900s, it made it much easier for home cooks to create pumpkin pie and other holiday desserts.

Salute to Veterans

"Veterans Day gives all Americans a special opportunity to pay tribute to all those men and women who, throughout our history, have left their homes and loved ones to serve their country," declared President Ronald Reagan in 1986. Salute the country's 20 million veterans on Nov. 11. Come and join us on Nov. 12th at 10:30 for a special program honoring our veterans.



November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
79 East Center Street Bountiful, UT 84010 (801) 294-2925	Pie Party On Thursday, November 15th, we will be having our annual pie party. Please be sure to let your families know to come for a "sweet time" at Legacy House of Bountiful.	Outings There are sign-up sheets at the front desk if you are desiring to go on an activity with us. Please sign up so we know how to plan for staff and transportation.	Employee Birthdays Sam D 11/02 Breanna G 11/09 Brookelynn A 11/12 Kira 11/16 Claudia L 11/17 Shelly R 11/20 Joni P 11/27 Sara A 11/28	1 9:15 Exercise and hydration therapy 10:00-2:00 Wellness clinic - have your vitals taken 10:00 Errand running to Smiths 10:00 Nondenominational new testament class 1:00-4:00 Transportation to your dr. appointments 12:45 Manicures 2:00 Jim Jensen - accordion 3:00 Gingersnap cookies 6:15 Table games	2 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:00 Gratitude wall 1:30 Balloon volleyball 6:15 Family search	3 Set your clocks back one hour when you go to bed tonight 9:15 Exercise 10:00 Uno card game 1:00 Concentration 1:30 Play the wii 6:15 Table games
Daylight Saving Time Ends 4 9:30 Music and the Spoken Word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken word 6:00 Ashton Olsen - piano	5 9:15 Exercise and hydration therapy 10:00 Bingo 1:00 Old time Combo 3:00 Gospel doctrine class 5:00 Jay Christensen - guitar	6 Dave S birthday 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Sing a long with Pat and Jeannie 2:30 Getting to know our new residents 6:15 Movie	7 Verna C birthday 9:15 Exercise - stretching and yoga and hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Bob Shorten - piano 2:00-4:00 Podiatrist 3:00 Memorial with Aspire - remembering our friends who have passed 6:15 Movie	8 9:15 Exercise and hydration therapy 10:00 Errand running to Smiths 10:00 Nondenominational new testament class 1:00-4:00 Transportation to your dr. appointments 12:45 Manicures 2:00 DUP 2:00 Game time in the living room 6:15 Table games	9 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Out to the dollar store 1:30 Bingo 2:30 Virtual experience 4:00-9:00 Activity room reserved for a family party	10 10:00 Thanksgiving traditions and memories on the 2nd floor 10:00 Interfaith church service in the front room 10-4 Display of WWII artifacts in the activity 1:00 Talk about famous people in the front room 1:45 Word game in the front room
11 9:30 Music and the Spoken Word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken word 6:00 Movie	Veterans Day 12 9:15 Exercise and hydration therapy 10:30 Jerry does a veterans program and recognition for our veterans. All invited 1:30 Bingo 3:00 Gospel doctrine class 6:00 Mixed Nuts perform	13 Noel S birthday 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Resident Council 1:30 Bingo 2:30 Play the wii 6:15 Movie	14 9:15 Exercise - stretching and yoga and hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Legacy learning - learn to do easy origami with Margi 2:00-4:00 Podiatrist 2:45 Balloon volleyball 6:15 talent show	15 9:00 Out to Bountiful temple 9:15 Exercise and hydration therapy 10:00 Nondenominational new testament class 1:00-4:00 Transportation to your dr. appointments 12:45 Manicures 2:00 Jim Jensen - accordion 6:00 Pie party	16 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Errand running - there will be no trip to the store next week so plan accordingly 1:15 Kindness rocks craft 2:15 Bingo 6:15 Movie - Mr. Rogers "Won't you be my neighbor"	17 9:15 Exercise 10:00 Turkey shoot game 1:00 Gratitude circle 1:30 Skunk dice game 6:15 Table games
18 9:30 Music and the Spoken Word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken word 6:00 Activity with Jill	19 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Stephanie sings from Pro care 3:00 Gospel doctrine class 5:00 Jay Christensen - guitar	20 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Sing a long with Pat and Jeannie 3:00 Employee In service - Continual learning 6:15 Movie	21 9:15 Exercise - stretching and yoga and hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:00 Bingo 2:00 Educational DVD 6:15 Movie	Thanksgiving 22 There will be some games, cards and things for you to do on the second floor today. The activity room will be being used for family gatherings. 6:15 Movie	23 JoAnn K birthday No dr. appointments today 9:15 Exercise and hydration therapy 10:00 Bingo 1:00 Play the wii 6:15 Movie	24 9:15 Exercise 10:00 Interfaith church service 10:00 Family feud in the front room 10:30 In happened in November 1:00 Beanbag toss 1:30 Yahtzee 6:15 Table games
25 9:30 Music and the Spoken Word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken word 6:00 Movie	26 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 JoAnne Elmer - piano 3:00 Gospel doctrine class 6:00 Family home evening - all invited	27 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Cooking corner 2:45 Ping-pong - come and watch those who want to play 6:15 Movie	28 9:15 Exercise - stretching and yoga and hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Resident reminisce - come and learn about our residents who had a birthday this month. 2:00 Birthday cake 6:15 Movie	29 9:15 Exercise and hydration therapy 10:00 Errand running to Smiths 10:00 Nondenominational new testament class 1:00-4:00 Transportation to your dr. appointments 12:45 Manicures 2:00 Bingo 3:00 Cash out 6:15 Table games	30 No Dr. appointments today 9:15 Exercise and hydration therapy 9:45 Out to see Festival of Trees 10:00 Educational DVD 1:30 Pomander balls 6:15 Movie	Daily Sheets We try hard to have our calendar as accurate as possible, but sometimes there are changes that we don't have any control over. Please check the daily sheets in the hall right outside the activity room with the most up-to-the-minute corrections. Would you like to do another activity in addition to the calendar? Let Vicki know, and she will add it to future calendars.

November 2018

Word Search

Category: U.S. State Capitals

A B M C B U A E N U J B	1. Salem
U D O A T N A L T A C O	2. _____
G H S I D D S G C L N S	3. _____
U E A T S I D K Q B I T	4. _____
S L L R D E S D D A T O	5. _____
T E E E T O C O P N S N	6. _____
A N M N N F V H N Y U R	7. _____
K A G T S E O G Z D A E	8. _____
E S F O R E R R E I P V	9. _____
P D D N N D D C D S X N	10. _____
O F L I N C O L N D C E	11. _____
T G X O D C O N C O R D	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

Word Search Solution:

1. Albany	11. Helena
2. Atlanta	12. Jackson
3. Augusta	13. Juneau
4. Austin	14. Lincoln
5. Boise	15. Madison
6. Boston	16. Phoenix
7. Concord	17. Pierre
8. Denver	18. Salem
9. Dover	19. Topeka
10. Hartford	20. Trenton

Word Search

Category: NFL Teams

B M D O L P H I N S G S	1. Bears
R S N O C L A F T G B M	2. _____
O D C D G D B E A R S A	3. _____
N E S H H H E G O E D R	4. _____
C S A S A L D W S D G V	5. _____
O S G G E R N D C S I S	6. _____
S F R R L S G L V K A L	7. _____
R E S E T E I E I I N A	8. _____
E I D L K O S N R N T G	9. _____
9 H O S N C G S H S S N	10. _____
4 C X S U S A I N T S E	11. _____
C O W B O Y S P G C Q B	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

Word Search Solution:

1. Bears	11. Falcons
2. Bengals	12. 49ers
3. Broncos	13. Giants
4. Browns	14. Lions
5. Chargers	15. Packers
6. Chiefs	16. Rams
7. Colts	17. Redskins
8. Cowboys	18. Saints
9. Dolphins	19. Steelers
10. Eagles	20. Vikings