



LEGACY HOUSE

Bountiful

79 E Center St. • Bountiful, UT 84010 • (801) 294-2925

Legacy House Administration

Colton Balmforth Executive Director
Riley Billings Assistant Administrator
Elizabeth Cox Marketing Director
Vicki Scholz Activity Director
Jerry Wise Maintenance Director
Charlee Teto Housekeeping Director
Calley Robinson Admin. Assistant
Shelly Robinson Food Services Director
Jessica Kunz Resident Care Coord. & RN
Joni Paxton Registered Nurse
Josh Jackard Community Relations

Popular Pages: 'A Christmas Carol'

"Bah! Humbug!" The favorite words of Ebenezer Scrooge have together become an expression to fend off unwelcome enthusiasm—especially people brimming with too much holiday cheer, as in Scrooge's world. But thanks to a trio of ghosts, the miserable miser learns the value of generosity and compassion just in time to celebrate Christmas dinner with his nephew's family. Published in 1843, Charles Dickens' novella has been adapted numerous times for stage and screen, and is credited for popularizing acts of goodwill during the holiday season.



December 2018



Festive Flower

Sporting solid and speckled colors of red, burgundy, pink and white, poinsettias can be seen just about everywhere this time of year. In fact, they're the top-selling potted plant in the U.S. The poinsettia's showy colored "petals" are actually the plant's leaves and are called bracts. The true flowers are the tiny yellow buds at the center of the bracts.

Wreaths Across America

Every year on the third Saturday in December, the sacrifice of U.S. veterans is remembered and honored on Wreaths Across America Day. Wreaths are placed at veterans' graves at Arlington National Cemetery and more than 1,400 locations in all 50 states and abroad.

Avoid This to Stay Healthy

Doctors say habits such as rubbing your eyes and scratching your nose can increase your risk of catching a cold or the flu. Because your hands can transfer viruses into your body by way of the eyes, nostrils and mouth, avoid touching your face.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>79 East Center Street Bountiful, UT 84010 (801) 294-2925 *****</p> <p>The holidays are upon us and we are excited for all that want to come and bring you added joy and Christmas cheer. We probably will have a few changes on the calendar, so please check the daily sheets to make sure you don't miss anything. Merry Christmas from your activity staff</p>					<p>Employee birthdays Alyssa C 12/02 Destiny S 12/10 *****</p> <p>We love being with you every day, the best gift of all.</p>	<p>Mary S birthday 9:15 Exercise 10:00 Tree decorating and social circle 1:30 North Salt Lake Singers 6:15 Christmas movie</p>
<p>2</p> <p>9:30 Music and the spoken word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word 6:15 Movie</p>	<p>3</p> <p>9:15 Exercise and hydration therapy 10:00 Bingo 1:00 Old time Combo 3:00 Gospel doctrine class 6:30 Christmas chimes</p>	<p>4</p> <p>9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 11:30 Meadowbrook Elementary sings 1:30 Sing a long with Jeannie and Pat 2:30 Balloon volleyball 6:30 Silhouette ballroom studio performs</p>	<p>5</p> <p>9:15 Exercise - stretching and yoga Hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Bob Shorten - piano, singer 2:30 Sugar cookies 2:00-4:00 Podiatrist 6:30 Scout troop will entertain you</p>	<p>6</p> <p>9:15 Exercise and hydration therapy 10:00-2:00 Wellness clinic 10:00 Errand running - Smiths 10:00 Non denominational church service 12:45 Manicures NO doctor transports today 2:00 Jim Jensen - accordion 5:30 Resident and family Christmas party</p>	<p>7</p> <p>9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:00 Craft 2:00 Getting to know our new residents 2:30 Christmas stories 6:15 Christmas movie</p>	<p>8</p> <p>9:15 Exercise 10:00 Interfaith church service 10:00 Holiday Pictionary 10:30 Mad Libs 1:00 Concentration 1:30 Make a tree game 6:15 Christmas movie</p>
<p>9</p> <p>Tally D birthday 9:30 Music and the spoken word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word 6:15 Movie</p>	<p>10</p> <p>9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Christmas game with Shelley 3:00 Gospel doctrine class 6:00 Mixed Nuts perform</p>	<p>11</p> <p>9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Resident Council 12:30 Manicures 1:45 Bingo 2:45 Christmas stories 7:00 John W singing group - Sterling singers</p>	<p>12</p> <p>9:15 Exercise - stretching and yoga Hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 12:30 Centerville Jr. High performs 2:00 Linda Davidson sings 4:00-9:00 Activity room reserved for a staff party</p>	<p>13</p> <p>9:15 Exercise and hydration therapy 10:00 Errand running - Smiths 10:00 Non denominational church service 1:00-4:00 Transportation to your dr. appointments 1:30 JoAnne Elmer - piano 2:30 Sprite nogs! (Eggnog with Sprite) 2:00 DUP in the front room 6:30 Missionaries sing</p>	<p>14</p> <p>9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:30 Decibelles sing 1:00 Make a Gingerbread man 2:00 Bingo 3:30 Fiddling fun 6:15 Christmas movie</p>	<p>15</p> <p>9:15 Exercise 10:00 Name that tune game 10:30 Holiday wheel of fortune 12:30 Santa's strings 1:30 Balloon volleyball 2:15 Word searches 6:15 Christmas movie</p>
<p>16</p> <p>9:30 Music and the spoken word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word 6:00 Entertainment by the Nilsson family</p>	<p>17</p> <p>9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Moods and music perform 3:00 Gospel doctrine class 6:15 Gingerbread kids perform</p>	<p>18</p> <p>9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Memory Lane preschool 1:30 Sing a long with Jeannie and Pat 3:00 Employee Inservice - continual learning 4:15 A bus ride through the lights at Layton city - weather permitting 6:15 Christmas movie</p>	<p>19</p> <p>9:15 Exercise - stretching and yoga Hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:00 Bingo 2:00-4:00 Podiatrist 2:30 Liz shares a cooking corner 6:30 Courtney's children's group</p>	<p>20</p> <p>9:00 Out to the Bountiful Temple 9:15 Exercise and hydration therapy 10:00 Non denominational church service 12:45 Christmas or regular Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Jim Jensen - accordion 3:00 Peppermint ice cream 6:15 Christmas movie</p>	<p>21</p> <p>Marilyn L birthday 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Errand running - Smiths 1:00 Gift wrapping - we will help you do yours! 2:00 Christmas bingo 6:15 Christmas movie</p>	<p>22</p> <p>9:15 Exercise 10:00 Interfaith church service 10:00 Christmas stories 1:00 Reindeer ring toss 1:30 Shoot the tree game 6:15 Christmas movie</p>
<p>23</p> <p>Richard L birthday 9:30 Music and the spoken word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word</p>	<p>24</p> <p>9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Movie - It's a wonderful life</p>	<p>25</p> <p>Christmas "May the spirit of Christmas bring you peace, the gladness of Christmas give you hope, the warmth of Christmas grant you love." We will be using the activity room for family gatherings today. We hope you have a wonderful day.</p>	<p>26</p> <p>Doris W birthday 9:15 Exercise and hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Bingo 2:30 Spelling bee</p>	<p>27</p> <p>9:15 Exercise and hydration therapy 10:00 Errand running - Smiths 10:00 Non denominational church service 1:00-4:00 Transportation to your dr. appointments 1:30 Resident reminisce 2:00 Birthday cake 6:15 Table games</p>	<p>28</p> <p>9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Help plan activities for 2019 2:15 Play the Wii 6:15 Movie</p>	<p>29</p> <p>9:15 Exercise 10:00 Skunk dice game 1:00 Balloon volleyball 2:00 New Year's traditions 6:15 Movie</p>
<p>30</p> <p>Daryl B birthday 9:30 Music and the spoken word channel 68 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the spoken word</p>	<p>31</p> <p>9:15 Exercise 10:00 Bingo 11:58 Countdown to 12:00 1:00 Movie with New Year's Eve snacks 4:30-6:30 Jay Christensen band</p>					

December 2018

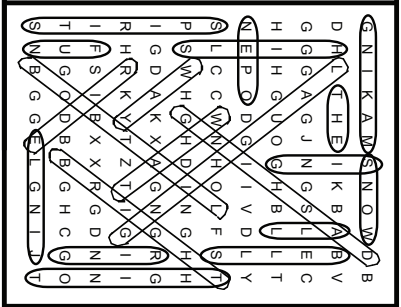
Word Search

Today's Category: Words (of 3 or more letters) from "Jingle Bells"

G N I K A M S N O W D B
 D H L T H E I K B A B V
 G G G A G J N G S L E C
 H I H G U O G H B L L T
 N E P O D G I I V D L Y
 S L C C W N H O L F S T
 P S W H G H D I N G H H
 I G D A K X A G N G R G
 R H R K Y T Z T I G I I
 I F S I B X X R G D N N
 T U G O D B B G H C G O
 S N B G G E L G N I J T

1. _____ Bells _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

- Word Search Solution:
1. All
 2. Bells
 3. Bobtail
 4. Bright
 5. Dashing
 6. Fun
 7. Jingle
 8. Laughing
 9. Making
 10. Open
 11. Ride
 12. Ring
 13. Sing
 14. Sleigh
 15. Snow
 16. Spirits
 17. The
 18. Tonight
 19. Way
 20. What



SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

2	7	6	1	5	3	9	8	4
9	8	4	7	6	2	3	5	1
3	5	1	4	9	8	7	6	2
7	9	3	5	1	4	8	2	6
1	2	5	8	7	9	4	3	6
6	4	8	3	2	9	1	7	5
5	6	7	9	3	1	2	4	8
4	1	2	6	8	7	9	3	5
8	3	9	2	4	5	6	1	7

8				4				1
		2	6					3
5		7				1	2	
	4						1	5
				7				
7		3						2
		1	4				7	
9						2	3	
	7			5				4