



LEGACY HOUSE

Bountiful

79 E Center St. • Bountiful, UT 84010 • (801) 294-2925

Legacy House Administration

Colton Balmforth Executive Director
Riley Billings Assistant Administrator
Elizabeth Cox Marketing Director
Vicki Scholz Activity Director
Jerry Wise Maintenance Director
Charlee Teto Housekeeping Director
Calley Robinson Admin. Assistant
Shelly Robinson Food Services Director
Jessica Kunz Resident Care Coord. & RN
Joni Paxton Registered Nurse
Josh Jackard Community Relations

A New Start

“A new year ... a fresh, clean start! It’s like having a big white sheet of paper to draw on!”
—Bill Watterson



Remember When: Party Lines

Up until the 1950s, many homes had a party line, a telephone line shared among several households. Each home was assigned a unique ring pattern so that residents could determine if an incoming call was intended for their house. Those with party lines quickly learned that conversations weren’t always private, since anyone could pick up their phone and listen in on someone else’s call.

January 2019



Throw on a Scarf

Keep warm by wearing a scarf around your neck to help retain body heat. In addition, experts say using a scarf to cover your nose when going outside in frigid weather can help fight off the cold virus. Warming the air you breathe into your nasal cavity may thwart the virus, which thrives in cool air.

Memorable Melody: ‘Auld Lang Syne’

Millions around the globe ring in the New Year by singing this Scottish folk song. The title translates to “Old Long Since,” and the lyrics refer to remembering friends and days gone by. The ballad was passed down orally until poet Robert Burns wrote down the words and added new verses in the 1780s. Popular bandleader Guy Lombardo started the song’s holiday tradition in 1929, when he played it at the stroke of midnight during a New Year’s Eve broadcast from New York City.

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>79 East Center Street Bountiful, UT 84010 (801) 294-2925</p>		<p>New Year's Day 1 Barbara K birthday 9:15 Exercise 10:00 Bingo 1:00 Movie 6:15 Movie</p>	<p>2 9:15 Exercise - stretching and yoga hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Bob Shorten 2:00-4:00 Podiatrist 2:30 Play the wii 6:15 Movie</p>	<p>3 9:15 Exercise and hydration therapy 10:00 Wellness clinic 10:00 Nondenominational new testament class 10:00 Errand running - Smiths 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 Jim Jensen - accordion 3:00 Hot Chocolate bar 6:15 Movie</p>	<p>4 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:00 Let's make a scarf 2:15 Table games 6:15 Movie</p>	<p>5 9:15 Exercise 10:00 Snowman shoot 10:30 Wheel of fortune 1:00 Concentration 1:30 Yahtzee 6:15 Movie</p>
<p>6 9:30 Music and the spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken Word channel 68 6:15 Movie</p>	<p>7 9:15 Exercise and hydration therapy 10:00 Bingo 1:00 Old time combo 3:00 Gospel doctrine class 6:15 Movie</p>	<p>8 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Resident council 1:30 Sing a long with Pat and Jeannie 2:30 YouTube documentary 6:15 Movie</p>	<p>9 Beverly H birthday Donna R birthday Nina T birthday 9:15 Exercise - stretching and yoga hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Bingo 6:15 Movie</p>	<p>10 Gloria G birthday 9:15 Exercise and hydration therapy 10:00 Nondenominational new testament class 10:00 Errand running - Smiths 12:45 Manicures 1:00-4:00 Transportation to your dr. appointments 2:00 DUP in the front room 2:00 Terry Spencer - guitar and piano 6:15 Movie</p>	<p>11 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 10:45 Out to lunch @ Joy Luck 1:30 Make a snowflake 2:30 Word game fun 6:15 Movie</p>	<p>12 9:15 Exercise 10:00 Interfaith church service 10:00 Talk about famous people (front room) 1:00 Balloon volleyball 2:00 Word searches 6:15 Movie</p>
<p>13 9:30 Music and the spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken Word channel 68 6:15 Movie</p>	<p>14 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Bonus Bocci ball 3:00 Gospel doctrine class 6:00 Mixed Nuts perform</p>	<p>15 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Target practice! 3:00 Employee In-service - continual learning 6:15 Movie</p>	<p>16 9:15 Exercise - stretching and yoga hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Cooking corner 2:30 Meeting our new residents 2:00-4:00 Podiatrist 6:15 Movie</p>	<p>17 9:00 Bountiful temple 9:15 Exercise and hydration therapy 10:00 Nondenominational new testament class 1:00-4:00 Transportation to your dr. appointments 2:00 Jim Jensen - accordion 3:00 Apple fritters 6:15 Movie</p>	<p>18 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Errand running Smiths 10:00 Country DVD 12:45 Manicures 2:00 Bingo 6:15 Movie</p>	<p>19 Sharon G birthday 9:15 Exercise 10:00 Snowball toss 1:00 Skunk dice game 1:45 Uno card game 6:15 Movie</p>
<p>20 9:30 Music and the spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken Word channel 68 6:15 Movie</p>	<p>Martin Luther King Jr. Day 21 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Moods and music 3:00 Gospel doctrine class 6:15 Movie</p>	<p>22 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Sing a long with Pat and Jeannie 2:15 Virtual imagery 6:15 Movie</p>	<p>23 9:15 Exercise - stretching and yoga hydration therapy 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Concentration 2:30 Trivia talk 3:00 Play the wii 6:15 Movie</p>	<p>24 Willis U birthday 9:15 Exercise and hydration therapy 10:00 Nondenominational new testament class 10:00 Errand running - Smiths 1:00-4:00 Transportation to your dr. appointments 1:30 Legacy learning - DVD Korean War 3:00 New employee training 6:15 Movie</p>	<p>25 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Manicures 6:15 Movie</p>	<p>26 9:15 Exercise 10:00 Interfaith church service 10:00 Mad Libs in the front room 10:30 January word game 1:00 Balloon volleyball 2:00 Trivia talk 6:15 Movie</p>
<p>27 Ruth Ann C birthday 9:30 Music and the spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 3:30 Music and the Spoken Word channel 68 6:15 Movie</p>	<p>28 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 JoAnne Elmer - piano 3:00 Gospel doctrine class 6:00 Family home evening - all invited</p>	<p>29 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise and hydration therapy 10:00 Bingo 1:30 Resident reminisce- come and learn about residents who have had a birthday this month 2:00 Birthday cake 6:15 Movie</p>	<p>30 Wayne G birthday 9:15 Exercise - stretching and yoga 10:30 Combined Relief Society and Priesthood 1:00 Manicures 2:15 Table games 2:00-4:00 Podiatrist 6:15 Movie</p>	<p>31 9:15 Exercise and hydration therapy 10:00 Nondenominational new testament class 10:00 Errand running - Smiths 1:00-4:00 Transportation to your dr. appointments 1:30 Bingo 2:30 Cash out 6:15 Movie</p>	<p>Employee Birthdays 1/13 Josette W 1/20 Kaziah S 1/21 Bridget Mc 1/22/ Avery W 1/22 Amanda M 1/25 Victoria M 1/27 Margaret T 1/28 Jessica K 1/29 Marcos G 1/30 Annie D</p>	

January 2019

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

9	3	6	1	7	2	5	8	4
1	2	4	5	9	8	7	3	6
5	7	8	6	3	4	2	1	9
7	6	2	3	8	5	4	9	1
3	1	9	4	6	7	8	5	2
4	8	5	2	1	9	6	7	3
8	4	7	6	2	3	1	9	5
6	5	3	7	4	1	9	2	8
2	1	6	8	5	9	3	7	4

		3		5				
	2				7	3		9
5				2	6		4	
3				1				
	5	8				6	1	
				8				7
	1		4	3				5
9		7	8				2	
				7				6

Word Search

Category: Ivy League Schools & Zodiac Signs

P J N R O C I R P A C P
 R C O L U M B I A D E S
 I O T C D G S P L N H A
 N R D A G E M I N I A G
 C N C N U D B S W O R I
 E E V C S R Y C O G V T
 T L B E A L U E R R A T
 O L L R V Z D S B I R A
 N A E A R I E S D V D R
 Y S N O O I P R O C S I
 S I H T U O M T R A D U
 A Q U A R I U S C X C S

1. Gemini _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____
 8. _____
 9. _____
 10. _____
 11. _____
 12. _____
 13. _____
 14. _____
 15. _____
 16. _____
 17. _____
 18. _____
 19. _____
 20. _____

- Word Search Solution:
- Brown
 - Columbia
 - Cornell
 - Dartmouth
 - Harvard
 - Pennsylvania
 - Princeton
 - Yale
 - Aquarius
 - Aries
 - Cancer
 - Capricorn
 - Gemini
 - Leo
 - Libra
 - Pisces
 - Sagittarius
 - Scorpio
 - Taurus
 - Virgo

