



LEGACY HOUSE

Bountiful

79 E Center St. • Bountiful, UT 84010 • (801) 294-2925

Legacy House Administration

Colton Balmforth Executive Director
Riley Billings Assistant Administrator
Elizabeth Cox Marketing Director
Vicki Scholz Activity Director
Jerry Wise Maintenance Director
Charlee Teto Housekeeping Director
Calley Robinson Admin. Assistant
Shelly Robinson Food Services Director
Jessica Kunz Resident Care Coord. & RN
Joni Paxton Registered Nurse
Josh Jackard Community Relations

Memorable Melody: 'I'm Looking Over a Four-Leaf Clover'

This lively tune became a chart-topping hit in 1948, when bandleader Art Mooney and his orchestra revived the 1927 song. You also may have heard Bugs Bunny, Daffy Duck and Tweety sing various renditions in several Merrie Melodies cartoon shorts. The song's lyrics, written by Mort Dixon and Harry M. Woods, describe what each leaf of a lucky four-leaf clover signifies: sunshine, rain, roses and "somebody I adore."

O-O-Oreos!

Whether you dunk them in milk or twist them apart, celebrate the birthday of Oreos—the world's best-selling cookie—on March 6. The cream-filled chocolate sandwich cookies have been enjoyed since 1912. Today, Oreos have gone global and adapted its flavors to other countries' tastes, like China's green tea ice cream version, or the banana flavor that's sold in Argentina. Oreo party on Thursday, March 14th.

March 2019



Make Your Own Luck

Would you like to increase the odds of something good happening in your life? Good luck is more likely to strike if you step out of your comfort zone and are receptive to fresh opportunities. Experts say that being open to new activities, people and places can help create more positive experiences.

Wearing of the Green




If you wear green this month to celebrate St. Patrick's Day, you may find yourself more relaxed. Green symbolizes nature, and many people find the color has a calming effect.

Be Neighborly

Make it a beautiful day in your neighborhood by celebrating Won't You Be My Neighbor Day on March 20, the birthday of Fred Rogers. The day honors the legacy of the beloved host of the children's TV series "Mister Rogers' Neighborhood."

Positive Thought

"You carry the passport to your own happiness."
—Diane von Furstenberg

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--|--|
| <p>79 East Center Street Bountiful, UT 84010 (801) 294-2925</p> |  |  | <p>Employee Birthdays 3/02 Hallie C 3/04 Deborah E 3/18 Edee C 3/19 Leisha S 3/22 Abigail B 3/22 Stephanie C</p> |  | <p>1 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Errand running to Smiths 1:00 Bingo 2:00 Getting to know our new residents 6:15 Movie</p> | <p>2 9:15 Exercise 10:00 Crossword puzzles 10:30 Mad libs 1:00 Balloon volleyball 2:00 Word searches</p> |
| <p>3 9:30 Music and the Spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 6:15 Movie</p> | <p>4 Joyce E birthday 9:15 Exercise 10:00 Bingo 1:00 Old time combo 3:00 Gospel doctrine class 6:15 Movie</p> | <p>5 Mardi Gras 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:00 Out to the Bountiful Library 1:30 Sing a long with Pat and Jeannie 2:30 Mardi Gras party 6:15 Movie</p> | <p>6 9:15 Exercise 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:30 Bob Shorten - piano and singer 2:30 Eye exams from Dr. Meeks 2:30 Virtual imaging - Tulips in Holland 6:15 Movie</p> | <p>7 9:15 Exercise 10:00 Non denominational new testament class 10:00 Errand running - Smiths 1:00-4:00 Transportation to your dr. appointments 2:00-6:00 Wellness clinic 2:00 Jim Jensen - accordion 3:00 Strawberry shortcake 6:15 Movie</p> | <p>8 Wanda B birthday 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Manicures 11:15 Out to lunch @ Robintino's 1:30 Bingo 2:30 Our company (Western States) is 25 years old! Come and celebrate! 6:15 Movie</p> | <p>9 Turn your clocks AHEAD 1 hour when you go to bed tonight 9:15 Exercise 10:00 Interfaith church services in the front room 1:00 Bean bag toss 1:30 Skunk dice game</p> |
| <p>10 Daylight Saving Begins MaryAnn B birthday 9:30 Music and the Spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 6:15 Movie</p> | <p>11 9:15 Exercise 10:00 Bingo 1:30 Hot topic talk 3:00 Gospel doctrine class 5:00 Jay Christensen - guitar 6:00 Mixed Nuts perform</p> | <p>12 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Resident Council 1:30 Bingo 2:30 Ping pong - come and play or watch others as they play 6:15 Movie</p> | <p>13 9:15 Exercise 10:30 Relief Society 10:30 Priesthood on the 2nd floor 2:00-4:00 Podiatrist 2:00 Terry Spencer - piano, guitar 3:00 Play the wii 6:15 Movie</p> | <p>14 9:15 Exercise 10:00 Non denominational new testament class 10:00 Errand running - Smiths 1:00-4:00 Transportation to your dr. appointments 1:00 Manicures 2:00 DUP in the front room 2:15 Oreo facts and fun and tasting party 6:15 Movie</p> | <p>15 Jean D birthday Oscar B birthday 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:30 Bring a treasure from your room to talk about 3:00 Name that "green" 6:15 Movie</p> | <p>16 LouJean N birthday 9:15 Exercise 10:00 Catch a Leprechaun game 1:00 Balloon volleyball 2:00 St. Patrick's Day history</p> |
| <p>17 St. Patrick's Day 9:30 Music and the Spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 6:15 Movie</p> | <p>18 9:15 Exercise 10:00 Bingo 1:30 Moods and music 3:00 Gospel doctrine class 6:15 Movie</p> | <p>19 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:30 Sing a long with Pat and Jeannie 2:15 Irish fill in the blank word game 3:00 Employee in service - continual learning 6:15 Movie</p> | <p>20 Spring Begins Margaret H birthday 9:15 Exercise 10:30 Relief Society 10:30 Priesthood on the 2nd floor 1:00 Bingo 2:30 New employee orientation 6:15 Movie</p> | <p>21 Lucille P birthday 9:00 Bountiful Temple 9:15 Exercise 10:00 Non denominational new testament class 1:00-4:00 Transportation to your dr. appointments 12:45 Manicures 2:00 Jim Jensen - accordion 3:00 Green sherbet floats 6:15 Movie</p> | <p>22 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Errand running - Smiths 10:00 DVD on Ireland 1:30 Leslie M sings 2:45 Bingo 6:15 Movie</p> | <p>23 9:15 Exercise 10:00 Interfaith church service in the front room 10:30 Wheel of Fortune in the front room 1:00 Concentration 1:30 Yahtzee</p> |
| <p>24 9:30 Music and the Spoken Word 10:00 LDS Sacrament meeting 1:30 Movie 6:15 Activity with Deb - Allred family</p> | <p>25 9:15 Exercise 10:00 Bingo 1:00 Dental on Location in the formal dining room 1:30 JoAnne Elmer - piano 3:00 Gospel doctrine class 5:00 Jay Christensen - guitar 6:00 Family home evening - all invited</p> | <p>26 Alan W birthday 9:00-3:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 1:30 Out for a Scenic drive 1:30 DVD on the Earth 6:15 Movie</p> | <p>27 There will be no morning activities due to a building review with the owners and corporate executives. 1:30 Relief Society 1:30 Priesthood on the 2nd floor 2:00-4:00 Podiatrist 6:15 Movie</p> | <p>28 9:15 Exercise 10:00 Non denominational new testament class 10:00 Errand running - Smiths 1:00-4:00 Transportation to your dr. appointments 1:00 Stuff Easter eggs 2:00 Resident reminisce - learn about the residents that have a birthday this month. 2:30 Birthday cake 6:15 Movie</p> | <p>29 An H birthday 9:00-12:00 Transportation to your dr. appointments 9:15 Exercise 10:00 Bingo 11:00 Cash Out 1:00 Manicures 2:30 Balloon volleyball 6:15 Movie</p> | <p>30 9:15 Exercise 10:00 Play the wii 1:00 Horseshoes 1:45 Uno card game</p> |
| <p>31 Ralph E birthday Oneita S birthday 9:30 Music and the Spoken Word 10:00 LDS Sacrament meeting 1:30 & 6:15 Movie</p> | | | | | | |

March 2019

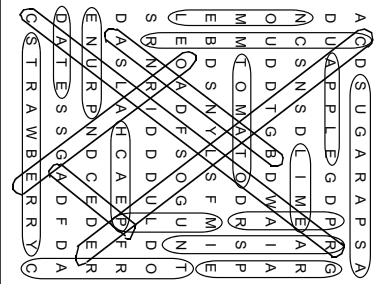
Word Search

Category: Fruits and Vegetables

A C D S U G A R A P S A
 D U A P P L E G D P R G
 N C S N S D L I M E A R
 O U D D T G B D W A I A
 M M T O M A T O D R S P
 E B D S N Y L S F M I E
 L E O A D F S O G U N T
 S R N R I D D D U L D O
 D A S L A H C A E P F R
 E N U R P N D C E D E R
 D A T E S S G A D F D A
 C S T R A W B E R R Y C

1. Apple
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

- Word Search Solution:
- | | |
|----------------|----------------|
| 1. Apple | 11. Lime |
| 2. Asparagus | 12. Orange |
| 3. Banana | 13. Pea |
| 4. Cantaloupe | 14. Peach |
| 5. Carrot | 15. Pear |
| 6. Cauliflower | 16. Plum |
| 7. Cucumber | 17. Prune |
| 8. Date | 18. Raisin |
| 9. Grape | 19. Strawberry |
| 10. Lemon | 20. Tomato |



SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 6 | 9 | 4 | 3 | 2 | 1 | 5 | 8 |
| 4 | 3 | 5 | 6 | 8 | 1 | 7 | 2 | 9 |
| 2 | 1 | 8 | 7 | 9 | 5 | 6 | 4 | 3 |
| 1 | 7 | 3 | 8 | 5 | 6 | 2 | 9 | 4 |
| 8 | 2 | 4 | 3 | 1 | 9 | 5 | 6 | 7 |
| 1 | 8 | 3 | 4 | 7 | 2 | 9 | 5 | 6 |
| 3 | 4 | 1 | 5 | 2 | 8 | 9 | 7 | 6 |
| 5 | 8 | 7 | 6 | 9 | 3 | 4 | 1 | 2 |
| 6 | 9 | 2 | 1 | 4 | 7 | 8 | 3 | 5 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | | | | | 7 | 8 | | 5 |
| | | | | 9 | | | 1 | |
| 3 | 4 | 1 | | | | | 7 | |
| 9 | | | 2 | 7 | | | | |
| 8 | | 4 | | | | | | 7 |
| | | | | 5 | 6 | | | 4 |
| | 1 | | | | | 9 | 4 | 3 |
| | 3 | | | 8 | | | | |
| 7 | | 9 | 4 | | | | | 8 |